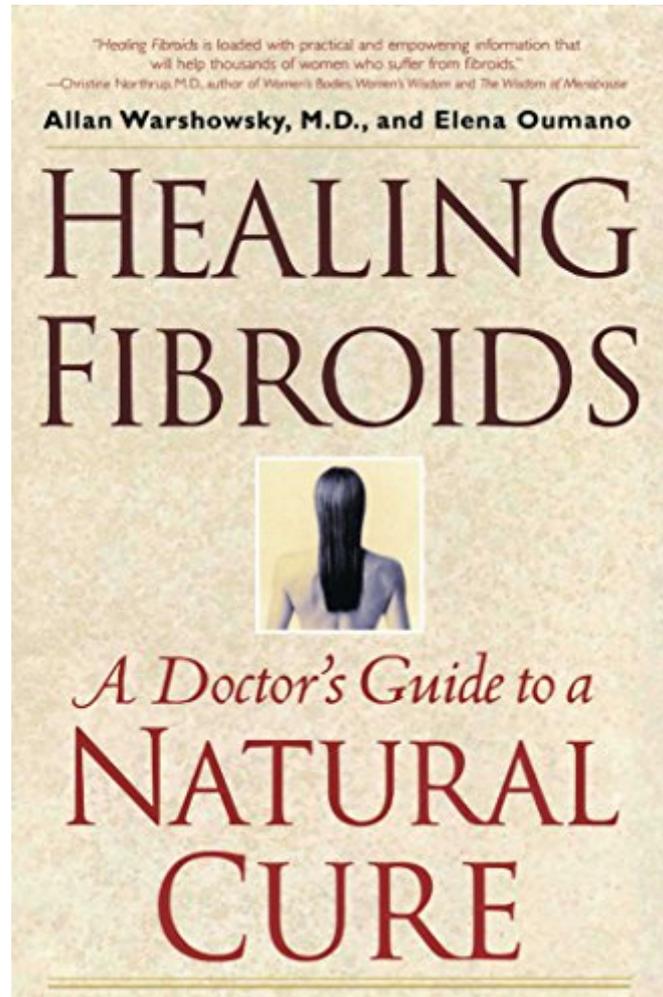


The book was found

Healing Fibroids: A Doctor's Guide To A Natural Cure



Synopsis

An exciting new approach to regaining health without surgery! Fact: By the time they reach menopause forty percent of American women have at least one uterine fibroid; 600,000 women are diagnosed each year. Fact: Fibroids are the leading cause of hysterectomy, the second most common surgical procedure performed on women. Fact: Natural, holistic medicine can heal fibroids without invasive surgery. Fibroid tumors, while usually benign, can swell a woman's uterus to the size of a basketball, frequently causing heavy menstrual bleeding, cramping, bladder infections, and even infertility. Most doctors recommend surgery as the only answer. Now this innovative holistic program brings new hope for a surgery-free life to millions of American women. Dr. Allan Warshowsky combines traditional Western medicine and holistic science to cure not just the fibroid condition but also the underlying imbalances and systemic dysfunctions that can cause fibroids. With an exciting program of diet, exercise, supplements, herbs, and mind/spirit work, Dr. Warshowsky shows fibroid sufferers how to become the strong, healthy women they deserve to be.

Book Information

File Size: 1224 KB

Print Length: 292 pages

Publisher: Pocket Books (May 8, 2010)

Publication Date: May 11, 2010

Sold by: Digital Services LLC

Language: English

ASIN: B003L77URK

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #110,091 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #4 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments > Genitourinary & STDs #16 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Genitourinary & STDs #18 in Kindle Store > Kindle eBooks > Medical eBooks > Alternative & Holistic > Holistic Medicine

Customer Reviews

I'm just starting my journey of dealing with a large fibroid that is beginning to cause other problems, and am not at all open to the idea of hysterectomy. I know in my heart that that would just open the door to other (lifelong) issues, and I'm determined to exhaust the natural path before I go down the surgical/pharmaceutical one. It seems like common sense to me that many medical conditions can be healed naturally by bringing the body back into balance so that it can do what it was designed to do in the first place. That requires understanding how the body got out of balance to begin with. This book addresses all of these ideas head-on. I knew this book was for me when near the front I read, "...a fibroid condition can become a life-enhancing opportunity." Yes, that is exactly what I was looking for -- a book that looks at the whole picture of health -- physically, emotionally, energetically -- and gives concrete ways, in all areas of your life, that you can start to take responsibility for your own healing and overall health. Again, I believe the word balance is the key. When it comes to the way the body functions, there are tipping points in both directions. Lots of little things you do can add up to bad health -- but it works in the other direction, too, where removing all those little things can tip the other way into good health. The book starts with a layman's medical overview of how these types of gynecological problems arise in the first place. Then it moves into a thorough discourse on all the areas you can review in your own body and life, so that you can begin working to reduce fibroid aggravators and promote healing -- through diet, supplements, herbs, stretching, exercise, meditation, reducing stress, avoiding environmental toxins, etc. Dr.

[Download to continue reading...](#)

Healing Fibroids: A Doctor's Guide to a Natural Cure
Herpes: Herpes Cure: The Natural Herpes Cure Method To Eliminate Genital Herpes For Life! (Herpes Cure, Herpes, Genital Herpes, Cold Sore, Eliminate Herpes, How To Cure Herpes, Herpes Treatment) The Ultimate Herpes Cure - How to Eliminate Herpes for a Life Using Natural Cure Methods (Herpes Cure, Herpes Protocol, Herpes Cure Treatment, Herpes Treatment, Herpes Zoster, Herpes Simplex Virus) Fatty Liver :The Natural Fatty Liver Cure, Proven Strategies to Reverse, Cure and Prevent Fatty Liver Forever ! (Fatty Liver Cure, Fatty Liver diet, Fatty ... Cure, Detox, Fat Chance, Cleanse Diet,) Healing: Reclaim Your Health: Self Healing Techniques: Fasting, Meditation, Prayer, Healing Medicine, and Energy Work (Channeling, Shamanism, Chakra Healing, ... Qigong Healing, Ayahuasca Book 1) Crystals and Gemstones: Healing The Body Naturally (Chakra Healing, Crystal Healing, Self Healing, Reiki Healing) The Fatty Liver and Weight Loss Solution, Proven Natural, Safe and Non-Toxic Strategies to Reverse, Cure and Prevent Fatty Liver.-Fatty Liver Cure, Fatty ... Fatty Liver Disease, Fatty liver cure) Fibroids, Menstruation, Childbirth, and Evolution: The Fascinating Story of Uterine Blood Vessels REIKI: From Beginner to Expert - Energy Healing Double Book Bundle (+Bonus!) - Ultimate

Guide to Reiki Healing & Chakra Healing (Energy Healing, Chakras ... Beginners, Reiki Symbols, Chakra Balancing) Reiki: The Healing Energy of Reiki - Beginner's Guide for Reiki Energy and Spiritual Healing: Reiki: Easy and Simple Energy Healing Techniques Using the ... Energy Healing for Beginners Book 1) What Your Doctor May Not Tell You About(TM): Menopause: The Breakthrough Book on Natural Progesterone (What Your Doctor May Not Tell You About...) The Type 2 Diabetes Cure: How To Naturally Prevent & Reverse Type 2 Diabetes (Carb, Diabetic Diet Plan, Best Foods, Blood Sugar, End, Recipes) (The Doctor's Smarter Self Healing Series) Natural Remedies for Dogs : 101 Safe & Natural Essential Oils' Remedies for Your DOG: (Natural Remedies For Dogs, Essential Oils Remedies For Dogs, Natural Dog Care, Recipes For Dogs, Home Remedies) Organic Home Remedies Vol.2 - The BEST No Prescription Needed Guide to Using Natural Remedies to Cure and Detoxify Your Self (Organic Home Remedies Guide, ... Healing, No Prescription Medicines) The Bible Cure for Asthma: Ancient Truths, Natural Remedies and the Latest Findings for Your Health Today (New Bible Cure (Siloam)) Cancer: Cancer Cure: Natural Cancer Cures And Chemo Alternatives (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention,Colon Cancer) Bible Cure for Hepatitis C: Ancient Truths, Natural Remedies and the Latest Findings for Your Health Today (New Bible Cure (Siloam)) The Bible Cure for High Blood Pressure: Ancient Truths, Natural Remedies and the Latest Findings for Your Health Today (New Bible Cure (Siloam)) The Bible Cure for Irritable Bowel Syndrome: Ancient Truths, Natural Remedies and the Latest Findings for Your Health Today (New Bible Cure (Siloam)) The Bible Cure for Thyroid Disorders: Ancient Truths, Natural Remedies and the Latest Findings for Your Health Today (New Bible Cure (Siloam))

[Dmca](#)